



# RHGC NEWSLETTER



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## PROSHOP HOURS:

Mon - Thu	11am-6pm
Fri, Sat & Holidays:	6am-12pm
Sun:	Closed

+966 (13) 872-0692  
[proshop.rhgc@gmail.com](mailto:proshop.rhgc@gmail.com)

## STARTER HOURS:

7AM - 7PM  
+966 (13) 876-6009







## PRESIDENT'S MESSAGE



**David Bedford**  
**RHGC President**

Eid Mubarak to all. For those who are traveling during this time, stay safe and enjoy your break. For those who stuck around, I hope you've played well during the Eid Eclectic. With two days left, the final results will be shared in the next newsletter.

We have some exciting events coming up next month, including the Aramco Sports Championships (registration currently open), Turkish Airlines World Golf Cup (see page 9), and—most importantly—the President's Cup in early May. The RHGC Social Director will also be hosting a Quiz Night on April 11; see page 11 for more details. Given the limited tables, recruit your best random-fun-fact friends and sign up soon. Also, keep an eye on the [Tournament Calendar](#) and the [Upcoming Events](#) webpage for all future events, and be sure to register.

Hannah Bowen, the PGA teaching pro that the RHGC board recently contracted, finished up in early March. Hannah stayed very busy throughout her stay in Kingdom, providing 606 lessons to 204 members and 130 non-members.

I heard lots of great feedback from those who took advantage of Hannah's lessons, and having benefitted myself, I can say they definitely helped. The RHGC board is working diligently with Community Services and the third-party contractor to establish the new contract governance so we can bring her back after the hot summer months. More details will be provided once that process is finalized.

Recently, the Board has been made aware of several incidents involving the golf carts parked in the open lot next to hole 1. These incidents have been shared with Community Services and Industrial Security as the safety of the carts in that area are governed by them and they are working on steps to improve security. While the RHGC Board remains committed to supporting a safe and enjoyable environment for all members, we strongly encourage you to take personal precautions to safeguard your golf cart and belongings. This includes ensuring carts are properly locked and secured and removing any valuables when not in use.

Finally, RHGC would like to welcome James Ridgway, Jr. as our newest Board member. James will be the RHGC Media Director. He is a self-described "recovering journalist," bringing more than 15 years of communication experience to this role. I'm sure you will get to know him well over the coming months. We would like to thank Kevin Burnette for his services after stepping in mid-2024 to fill the vacant spot, and we wish him all the best in the future.

See you on the course,

David Bedford  
RHGC President







## LADIES GOLF LEAGUE



**Peggy Evans**

**APR 15**

**TMLL**

**APR 23**

**NINE &  
DINE**

We welcome all beginners and advance ladies golfers to join our Tuesday Morning Ladies League and Nine & Dine. Both in scramble format followed with social coffee or meal, with prizes too!



Please email: [rhgcladiesdirector@gmail.com](mailto:rhgcladiesdirector@gmail.com) to be added to our WhatsApp group, where you can connect with other ladies golfers.







## MONTHLY MEDAL



A big congratulations to all participants in the March Monthly Medal at RHGC! A special shoutout to **Obi Isichei**, who played an outstanding round, shooting a **net 68** to claim the Overall Low Net title. Meanwhile, **David Bedford** showcased his skill with a **gross score of 77**, earning him the Overall Low Gross win.

Well played to all competitors, and thank you for making it another fantastic event. Full results can be found here.

We look forward to seeing you at the next Monthly Medal!

Overall Low Net - B-E plus Ladies Low Net			
Pos.	Player	To Par Net	Total Net
1	Isichei, Obi <i>United States</i>	-4	68
2	Lee, Jae <i>Republic of Korea</i>	-2	70
3	Song, Jae-Sang <i>Republic of Korea</i>	-2	70
Overall Low Gross - A-Flight - Low Gross			
Pos.	Player	To Par Gross	Total Gross
1	Bedford, David <i>Australia</i>	+5	77
2	Keaveney, Michael <i>United States</i>	+8	80
T3	Rosenthal, Jake <i>United States</i>	+9	81
T3	Stewart, Nik <i>United Kingdom</i>	+9	81

[For Full Results Click Here](#)







## TNL WINTER SEASON

The 2025 Winter Season of Tuesday Night League (TNL) wrapped up on March 11 with an epic final round that saw major leaderboard shake-ups. This season proved several things:

- Winter in KSA is real! Players experienced just about every weather condition—freezing temperatures, howling winds, driving rain (for some), and even the occasional pleasant evening.
- Past success doesn't guarantee future results. Winning one season doesn't mean you can't finish last the next.
- Never count yourself out. If you've finished last for one, two, or even three seasons, don't give up—there's always a chance to improve and even win!
- Husbands and wives can compete together—without ending up in divorce! This season saw a record four couples participating, proving that marriage and competition can coexist.
- It's never over until the final putt of the final match!

TNL wouldn't be possible without our amazing subs—16 players stepped in this season to help teams complete their matches. A huge THANK YOU to all of them!

TNL is the most competitive league run by RHGC, so if you're interested in participating, keep your eye out in the August & September Newsletters for details on registration for the 2025 Fall Season.

BLUE DIVISION			TNL - FALL 2023 STANDINGS				
Team #	Primary Player 1	Primary Player 2	Played	Won	Tied	Lost	Points
2	Rodny Masoud	Raul Garrido	9	6	2	1	7.0
12	Tom Harneshaug	Simon Fletcher	9	6	0	3	6.0
19	JP Scallon	Sam Flack	9	6	0	3	6.0
13	Brad Born	Gary Collins	9	3	3	3	4.5
18	James McKeage	Erik Siver	9	4	0	5	4.0
21	Rocky D'Antoni	Eric Heindl	9	3	2	4	4.0
7	Ross Hood	Riaan van der Merwe	9	3	2	4	4.0
11	Christo Steenkamp	Cooper Harrelson	9	3	1	5	3.5
17	Johannes Vaartjes	Brian Moore	9	2	3	4	3.5
4	Matthew Bateson	David Johnston	9	1	3	5	2.5
WHITE DIVISION			TNL - FALL 2023 STANDINGS				
Team #	Primary Player 1	Primary Player 2	Played	Won	Tied	Lost	Points
8	Alfredo Loza Loza	Fabio Gutierrez	9	7	1	1	7.5
9	John Sinesi	Hayden Ponsford	9	6	2	1	7.0
1	Jonathan Mosquera	Carlos Patino	9	6	0	3	6.0
5	Geonyoung Kang	Myung Hwa Lee	9	5	0	4	5.0
15	Gustav Gatzanis	Matt Aubert	9	3	2	4	4.0
6	David Bedford	Victoria Bedford	9	4	0	5	4.0
16	Manu Pillai	Samir Sharma	9	4	0	5	4.0
20	Jonathan D'Antoni	Michelle D'Antoni	9	3	0	6	3.0
10	Sammy Kim	Ifeanyi Uche	9	1	3	5	2.5
3	Les Hertlein	Sue Hertlein	9	2	0	7	2.0







## RHGC SOCIAL EVENTS



**Vikki Bedford**  
**RHGC Social Director**

### **March's Magical Glow Ball & St. Paddy's Cheer!**

Our March Social Scene was a resounding success, bathed in the vibrant glow of St. Paddy's Day fun! On Friday, March 13th, RHGC hosted the monthly social event for St. Paddy's Day. It was a 4-person team GLOW BALL night golf event!

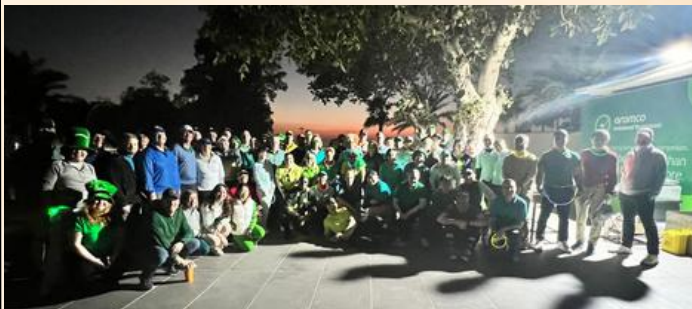
Despite a few mischievous glow balls playing hide-and-seek, teams embraced the challenge of a 9-hole Texas scramble under the stars. With an incredible turnout, we celebrated not one, but TWO sets of winners!

#### **Front 9 Champions:**

- 1st Place: The Hollanders & The Bedfords
- 2nd Place: The Hertleins & The Moores

#### **Back 9 Victors:**

- 1st Place: Duffield, van der Merwe, Hollingworth & Woods
- 2nd Place: Moon, Koh, Hong & Chun



A special shout-out to the "Bearded Lady Leprechauns" for their unforgettable Best Dressed attire! And our most creatively decorated carts belonged to Laura & Brian Moore and Jay & Sara Monson.

A heartfelt thank you to all 72 golfers and their cheering spouses for making it a full house! We appreciate Tamimi's delicious meal and Sue's stunning centerpieces.

### **Calling All Photographers!**

We're looking for volunteers to capture the magic of future events. If you have a knack for photography, please reach out!

### **Looking Ahead: Trivia Night!**

Mark your calendars for April 11th! We're trading golf clubs for brainpower with a thrilling Trivia Night. Gather your team of 6-8 and prepare for rounds of challenging questions and fun-filled games. Pre-order pizzas or bring your own food. RHGC will provide drinks, treats, and prizes! The member price is 100 SAR, and the non-member price is 150 SAR. Register your team today! We can't wait to see you there!





## RHGC EVENT PHOTOS

### ST. PATRICK'S DAY

### GOLF SOCIAL







## RHGC EVENT SCHEDULE

**5**  
APRIL

### APRIL MONTHLY MEDAL

[Register Here](#)

**11**  
APRIL

### RHGC TRIVIA NIGHT

[Register Here](#)

**11-12**  
APRIL

### ARAMCO SPORTS CHAMPIONSHIP

[Register Here](#)

**15**  
APRIL

### TMLL

[More Info](#)

**19**  
APRIL

### JUNIORS EVENT

[Register Here](#)

**23**  
APRIL

### NINE & DINE

[More Info](#)

**26**  
APRIL

### TURKISH AIRLINES WC

[Register Here](#)

**2-3**  
MAY

### PRESIDENT'S CUP

[Register Here](#)

[\\*For more events click here\\*](#)







## RHGC EVENTS

### Turkish Airlines World Cup is Back!

Mark your calendars for 26 April 2025, as the Turkish Airlines World Cup returns to Rolling Hills Golf Club!

The stakes are high, and the rewards are even higher. This year's winner will enjoy

- Participation in the Grand Final of the Turkish Airlines World Golf Cup
- Round Trip Business Class flights to Turkey with Turkish Airlines
- 5 nights\* accommodation at Gloria Serenity Hotel
- The finalist winner will have hospitality at the Turkish Airlines Open

Don't miss this exciting opportunity—get ready to swing into action!

Brief Schedule	
Registration & Breakfast	: 05:30
Group Photograph & Tournament Briefing	: 06:10
Shotgun Start	: 06:30
Lunch and Prize Presentation	: 11:30





# Rolling Hills Golf Club



## RHGC EVENTS



### Rolling Hills Junior Golf

# JUNIORS EVENT APRIL 19TH

## WHO CAN PLAY?

For Junior Golfers ages 8-17 of all skill levels!

Free For Club Members or

Pay 50 SAR per junior at the pro shop

## JOIN NOW!

### AGENDA

**10:00 AM** Driving Range/Putting Warm up  
**10:20 AM** Pairings Announced  
**10:30 AM** Competitive groups head out to 1st Tee  
**10:30 AM** Fun groups shot gun start on holes 4-6  
**12:30 PM** All groups back to clubhouse for lunch and prizes

### DETAILS

**Competitive Division:** For older/more experienced golfers who want to compete

**Fun Division:** For beginners/juniors who just want to have fun!

All golfers must bring their own clubs, balls, and tees

A parent is requested  
to stay and supervise  
their kids for safety  
and logistics

## REGISTER:

Please respond by April 15th

Whatsapp

+1 713 584 9889

Alexander Hollander

rhgcjuniorgolf@gmail.com







Rolling Hills Golf Club



# RHGC EVENTS

**taylorMade**  
**Qi35**

**cobra**  
**DS-ADAPT**

# **FITTING** **EVENT**

ROLLING  
HILLS  
GOLF CLUB

FRIDAY, 11<sup>TH</sup> APRIL | 9 AM - 5 PM







# RHGC EVENTS



## RHGC TRIVIA NIGHT

Grab your team of 6-8 and join us for the fun!

**Friday,**  
**April 11 @ 6:00pm**

**COST: MEMBER 100 SAR**  
**NONMEMBER 150SAR**  
**PAYMENT MADE AT PROSHOP**  
**BY APRIL 7TH**

**Pre-Order pizza from Papa Johns**

**30SAR PER PIZZA**  
**MUST BE PAID BY**  
**APR 7TH**

**Pizza Choices:**

- Pepperoni
- Super Papa
- All the Meats
- Garden Special

**NO REFUNDS AFTER APRIL 8TH**





## TIPS/ETIQUETTE



**Kevin Capstick**  
RHGC Secretary



Golfing in Saudi Arabia's heat demands vigilance. Dehydration can sabotage performance and pose health risks, such as fatigue or heatstroke. With strategic hydration, you'll stay sharp and safe on the course.

### **Start Early-Hydrate Smart**

Begin hydrating 1–2 hours before teeing off with 16–20 ounces of water. During play, sip 7–10 ounces every 15–20 minutes, even if using a cart. Since sweat drains fluids and electrolytes, alternate water with sports drinks or electrolyte tablets; thirst is a delayed signal, so drink proactively: set reminders or hydrate at every hole.

### **Avoid Diuretics-Snack Wisely**

Skip caffeine, which worsens dehydration. Instead, pack water-rich snacks like watermelon, berries, or cucumbers. A handful of salted nuts or pretzels helps replenish sodium lost through sweat.

### **Dress for the Heat**

Choose lightweight, moisture-wicking clothing and a wide-brimmed hat. Use a cooling towel around your neck and seek shade during waits. Schedule tee times for mornings or late afternoons to avoid peak sun. Carry an insulated water bottle (or freeze one overnight) to keep liquids cold.

### **Spot Dehydration Early**

Watch for dry mouth, dark urine, headaches, or dizziness. Pale yellow urine signals proper hydration. If symptoms arise, pause play, rest in the shade, and sip fluids slowly. Severe dizziness or confusion requires immediate medical attention.

### **Final Thoughts**

Hydration is non-negotiable for Saudi summer golf. Drinking consistently, balancing electrolytes, and dressing strategically will protect your health and help you stay focused on every swing. Prioritize fluids, stay cool, and enjoy the game!





## EXTERNAL EVENTS

### Awali Golf Club

A Bapco Refining Sports Facility in the  
Kingdom of Bahrain  
presents the

### 60<sup>th</sup> Bahrain Open Championship

combined with the

### 36<sup>th</sup> Bahrain Ladies Open Championship

Friday 18th April 2025 – 1st Round  
Saturday 19th April 2025 – Final day

The course will be available for practice on  
Wednesday, April 16th, and Thursday, April 17th, 2025

WHS Handicap Index limit for BO is 9.7  
WHS Handicap Index limit for BLO is 38



Entry Fee:  
**40 BHD for guests**

For more information please contact the secretary  
on [openssecretary@awaligolfclub.com](mailto:openssecretary@awaligolfclub.com)

